

Ribel

Ingredients

- 1 cups milk
- 1/2 cup water
- 3 tsp butter, divided
- salt to taste
- 1 cup cornmeal

Directions

Place milk, water, 1 tsp butter and salt in a small saucepan. Bring to a boil over medium-high heat. Turn off the heat and stir in the cornmeal until combined. Cover and let rest for 15 minutes. Taste and adjust seasoning.

Melt the remaining 2 tsp of butter in a sauté pan over medium-high heat. Add the cornmeal and, using a wooden spoon, break into pieces. Cook, stirring as needed to not let the cornmeal burn, until toasted to your liking.