

Japanese-style Strawberry Parfait

Ingredients

- 1 lb strawberry
- 3 Tbsp sugar
- 2/3 cup con flakes
- 1 quart vanilla ice cream
- whipped cream
- 8 [pocky sticks](#)

Directions

Dice 2/3rds the strawberries, place in a bowl and mix with the sugar. Slice the rest. Refrigerate until ready to use.

Divide the cornflakes between four tall glasses. Add a scoop of ice cream to each. Divide 2/3rds of the diced strawberries and syrup among the four glasses. Top with another scoop of ice cream and then the remaining diced strawberries. Decorate with whipped cream, sliced strawberries and pocky sticks.